

FAMILY SELF-SUFFICIENCY NEWSLETTER



Cincinnati Metropolitan Housing Authority

How can the FSS program help?

In the FSS Program, you are not alone on your journey to self-Sufficiency. You have access to a team of Coordinators who will help you make progress towards your goals and provide the following support:

- > Receive support with applying for benefits and other services
- > Help with finding resources that fit your specific needs.
- > One-on-one support to help get you back on track and stay motivated.
- > Help looking for opportunities to find a job or increase your income.
- > Create a budget and help with a debt repayment plan.

Successful FSS participants have:

- Achieved homeownership
- Conquered their finances
- Paid for college tuition
- Purchased reliable transportation
- Increased job skills and income
- Completed their
- Became successf

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“Are you currently in the Cincinnati Metropolitan Housing Authority Housing Choice Voucher or Asset Management program? If so, have you thought about joining the Family Self-Sufficiency Program to accomplish educational, financial, employment and personal development goals? If you would like to join Family Self-Sufficiency or would like additional information; please contact Anthony Smith at anthony.smith@cintimha.com.





The Envision-ROC Centers Outreach coordinators are still open to assist the residents of Winton Terrace, Findlater Gardens & Maple Towers

Please contact the ROC with questions about services available within the community. Computers are available, with internet access and with the capability to contact community partners virtually.

Appointments can be scheduled with community partners, job interviews, counseling, complete applications, and more.

Call us at **513-284-7085** or **513-617-3848** regarding services, referrals, or appointments with community partners or stop by the office from 8:00 am - 4:00 pm Monday through Friday

Video Interview Tips

via [Monster.com](https://www.monster.com)

1. Check your tech.
 - a. Check your Internet speed - you need at least 1 Mbps for a clear HD video connection. Test your connection at [SpeedTest.net](https://www.speedtest.net). If your connection isn't stable, check with your local library to see if they have a private room you can use for the interview.
 - b. Make sure the device you're going to use (computer, phone, tablet) is fully charged or plugged in.
 - c. Check your audio
 - d. Check your video
 - e. Familiarize yourself with the platform (Zoom, Skype, etc.) beforehand.
2. Be prepared for something to go wrong - have a plan in case your tech fails. Provide the interviewer with a phone number where you can be reached if you have difficulties.
3. Choose the right setting - find a quiet, private, well-lit space with a clean backdrop
4. Dress the part - wear the same professional attire you would wear to an in-person interview.
5. Mind your body language - maintain eye contact; nod and smile as appropriate
6. Don't rely on notes - have a copy of your resume, but don't have notes you'll constantly be looking down at
7. Make a great first impression

**One
important
key to
success is
self-
confidence.
An
important
key to self-
confidence is
preparation.
-Arthur Ashe**

Dress For Success Cincinnati

Dress for Success Cincinnati empowers women to achieve economic independence by providing a network of support, professional attire and development tools to help them thrive in work and in life.

Our History – and Our Future

Dress for Success Cincinnati was founded by Mary Ivers in 1999. Since the very beginning, it's been our vision not only to provide assistance to women in need of appropriate clothing to interview for a job, but also to provide a stable, safe and caring environment for women as they reclaim their lives

Dress for Success Cincinnati is one of the few programs in the Greater Cincinnati Tri-State area focused specifically on the needs of unemployed and under-employed women and their families. Our successful programs empower women first to secure employment and ultimately to thrive in their careers, their lives and their communities.

Dress for Success Cincinnati became renowned for providing interview suits to women returning to or entering the workforce. Our mission has expanded to include a wide variety of workforce development programs, but the StyleHER program remains a crucial part of our work and a vital first-step in a woman's journey toward self-sufficiency.



4623 Wesley Ave., Ste. H
Norwood, OH 45212
Telephone 513.651.3372



Community Action Agency

Medical Billing And Coding Training Program

Free 9-week training program!

- Begins February 21, 2023
- Meets Tuesdays, Wednesdays & Thursdays From 10am- 1pm
- Training prepares participants to take the National Healthcareer Association (NHA), Certified Billing and Coding Specialists exam (CBCS).
- Career placement assistance upon successful completion of CBCS exam.

Eligibility Requirements

200% or below FPL

Hamilton County Resident

Must Score at least 4 on Work Keys Assessment

For more information contact:

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Family Self-Sufficiency Mission

The mission of the Family Self-Sufficiency Department is to provide guidance to navigate family's through life's challenges with a non-judgmental approach while building trust and mutual respect. Identifying participants needs while overcoming barriers and obstacles the participants may face on their journey to success. Partnering together to provide supportive reasonable and achievable goals allowing the participant to reach independency and self-sufficiency.



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Cincinnati, Ohio 45214

Website: www.cintimha.com

PLEASE
PLACE
STAMP
HERE

