

## Family Self-Sufficiency—Newsletter

### Homeownership Sessions Are Underway...

CMHA, in Partnership with HUFF Realty, is offering a three-part series about homeownership and positioning to move in that direction.

One session remains...

#### Home Buying Process—August 28, 2025

- Finding a Real Estate Agent
- House Hunting
- Home Inspection
- Using Your Voucher
- Market Research



***Make sure to register for this final session by emailing  
HCVFSS@Cintimha.com.***

### Need Assistance?

CMHA will be partnering with local agencies to offer assistance for participants in the FSS program who may need additional support in reaching their goals.



If you need help with employment services, earning a degree, or financial counseling, to name a few, please reach out to your FSS Coordinator. Our main goal is ensure your success in becoming self-sufficient.

**Email us today!**

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## What is the Family Self-Sufficiency Program

1. The FSS Program is a voluntary five year program offered to Housing Choice Voucher and Asset Management families to help move toward economic self-sufficiency.
2. When a family enters the program, they meet with a FSS Program Coordinator to discuss their needs and to set goals.
3. Together, the FSS Coordinator and family set goals that can be achieved over a five year period. The family can set any goal they wish but the main goal for every family must be to obtain and maintain suitable employment and to be free of welfare assistance.
4. Once goals are finalized, the family signs an FSS Contract and completes an Individual Training and Services Plan.

## Frequently Asked Questions for the FSS Program

### ***Do I have to be working?***

FSS participation is voluntary, so if you choose not to work that is ok; however, we aim to promote employment so participants can work towards being self-sufficient and be financially independent from assistance.

### ***How will you help me?***

The role of the FSS Coordinator is to help identify your needs, goals and barriers, along with assisting with overcoming those obstacles and motivate you to achieve your goals. The Coordinators have many resources to offer to participants. Communication is key on both sides; this is to ensure the participant has the skills and mindset to accomplish the goals they set for themselves and the Coordinators have an “open door” philosophy to be available for support.

### ***How do I earn escrow funds?***

If a participant's income increases, the participant will pay the higher rent but the difference from their original baseline rent will go into an escrow (savings) account.

### ***When can I get a House?***

If you meet all of the requirements of the program, you will be required to complete a Homeownership Workshop through Working In Neighborhoods. CMHA will assist in the home purchase once you complete the Homeownership class with WIN.

## Upcoming Events

### FSS Monthly Informational Sessions

Are you interested in learning more about the FSS program? If so, join us in-person on the **Second Friday** of the month or the **Fourth Tuesday** of the month.

Learn more about the benefits of the program and what steps you need to take to join.

**Where:** 1635 Western Avenue  
**Date:** August 8, 2025  
August 22, 2025  
**Time:** 11:00 am  
**Who:** Housing Choice Voucher Participants  
Asset Management Residents

To register for either session, send an email to  
[hcvfss@cintimha.com](mailto:hcvfss@cintimha.com)

### Financial Empowerment 3-Part Series

CMHA is partnering with Republic Bank to provide program participants an opportunity to learn about financial literacy, best budgeting practices, and overcoming financial obstacles.

These sessions will be held at the CMHA Auditorium  
from 2:00 pm—3:30 pm on  
September 11, 2025  
September 25, 2025  
September 30, 2025



To register for either event, please email us at [HCVFSS@cintimha.com](mailto:HCVFSS@cintimha.com)

### AUGUST FUN FACTS

**August 12:**  
**International Youth Day**

**August 19:**  
**World Humanitarian Day**

**August 26:**  
**Women's Equality Day**

**Flower:**  
**Gladiolus or Poppy**

**Birthstone:**  
**Peridot**

## Reminder—Keep SMART Goals in mind = SUCCESS

	<b>S</b>	<b>Specific:</b> The goal must be very specific and grounded in something that's significant to you.
	<b>M</b>	<b>Measurable:</b> The goal must have some sort of measurement (days, pounds, miles, etc.).
	<b>A</b>	<b>Achievable:</b> The goal must be realistic and reasonable.
	<b>R</b>	<b>Relevant:</b> The goal must relate to what you're hoping to accomplish.
	<b>T</b>	<b>Time-bound:</b> The goal must have a timeframe and that timeframe must be reasonable.

Cincinnati Metropolitan Housing Authority

1635 Western Avenue  
Cincinnati, Ohio 45214

Email: [hcvfss@cintimha.com](mailto:hcvfss@cintimha.com)

PLEASE  
PLACE  
STAMP  
HERE

**Remember**  
**Communication is a Key  
Component in Order to be  
Successful in the  
FSS Program!**

