



### Upcoming Events

#### FSS Monthly Information Sessions - In Person/Virtual

Are you interested in learning more about the FSS program? We will be having In-Person/Virtual FSS Information Sessions so you will be able to join from your home using your smart phone or computer if you are unable to attend in person. The information session will be on TEAMS.

Learn more about the benefits of the program and what steps you need to take to join.

**Where:** In-Person/Virtual - TEAMS

**Date:** March 17, 2026 – In Person  
11:00 am – 12:00 pm  
March 31, 2026 - Virtual

**Time:** 6:30 pm—8:00 pm

To register for this event, please email us at:  
HCVFSS@cintimha.com

#### Inside this issue

Upcoming Events	1
What is FSS	1
Search and Find	2
5 Steps to Economic	3
Upcoming	3
Smart Goals	4

### What is the Family Self-Sufficiency Program

1. The FSS Program is a voluntary five-year program offered to Housing Choice Voucher and Asset Management families to help them in becoming more self-sufficient.
2. When a family enters the program, they meet with a FSS Program Coordinator to discuss their needs and to set goals.
3. Together, the FSS Coordinator and family set goals that can be achieved over a five-year period. The family can set any goal they wish but the main goal for every family must be to obtain and maintain full-time employment and to be free of welfare assistance.
4. Once goals are finalized, the family signs an FSS Contract and completes an Individual Training and Services Plan.

# SEARCH AND FIND ST. PATRICK'S DAY

Search and find all of the images below. Circle or color them in as you find each image.



-   
 HORSESHOE
-   
 FLOWER
-   
 BOW TIE
-   
 STAR
-   
 POT OF GOLD
-   
 SUN

## 5 Steps Toward Financial Self-Sufficiency

1. **Make a Plan** – Identify what is holding you back.
  - a. Your why (I want to live without feeling anxious about money)
  - b. Measurable goals (I will save \$ amount each month)
  - c. A time frame (I will obtain this in 10 years)
2. **Develop Multiple Streams of Income**
  - a. What am I good at?
  - b. What do I enjoy doing?
  - c. Can I learn a new skill?
  - d. Can I turn a hobby into some income?
  - e. Is there a current market need in my area?
3. **Create Ample Savings**
  - a. Experts recommend savings 15% of your income and maintaining an emergency fund
4. **Establish Good Credit**
  - a. Pay off before it is due
  - b. Ask for higher credit limits
  - c. Pay bills on time
  - d. Call your credit card company and negotiate a lower rate to pay off debt.
5. **Invest Wisely**
  - a. Invest in Yourself
  - b. Reward Your self



## MARCH FUN FACTS

**March 8: International Women's Day**

**March 8: Daylight Savings Time**

**March 14: Pi Day**

**March 15: Ides of March**

**March 17: St. Patrick's Day**

**March Birthstone: Aquamarine and Bloodstone**

**March Birth Flower: Daffodil**



## Upcoming

### Resource Fair

Provide opportunity to meet various service providers in one location (1635 Western Avenue)

### Urban League

CMHA is partnering with Urban League to have a series of classes to assist with employment, financial empowerment and financial literacy.

More information to follow. Check for communication through email blasts and your online portal.

**S** **M** **A** **R** **T**

**SPECIFIC** **MEASURABLE** **ACTIONABLE** **REALISTIC** **TIMEBOUND**

Be clear and specific so your goals are easier to achieve. This also helps you know how and where to get started!

Measurable goals can be tracked, allowing you to see your progress. They also tell you when a goal is complete.

Are you able to take action to achieve the goal? Actionable goals ensure the steps to get there are within your control.

Avoid overwhelm and unnecessary stress and frustration by making the goal realistic.

A date helps us stay focused and motivated, inspiring us and providing something to work towards.

Cincinnati Metropolitan Housing Authority

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**CMHA's Offices will be closed:**  
**April 3, 2026**

To join Family Self-Sufficiency or, to get additional information; please contact [hcvfss@cintimha.com](mailto:hcvfss@cintimha.com).

